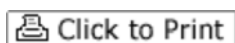


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## Nebraska Schools Receive Wellness Awards

Lincoln

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Thirty-two Nebraska schools received awards in April for their efforts to improve the school environment to support healthy eating and physical activity.

Health and education leaders gathered at the Nebraska Action for Healthy Kids Summit in Lincoln to recognize work that schools are doing to improve the health of students.

"It's reassuring to see the remarkable collective efforts by teachers, school administrators, nurses, students and families to address the problems of poor nutrition and inactivity by improving the school environment," said Dr. Joann Schaefer, Chief Medical Officer for the State of Nebraska. "Students in the 32 recognized schools are being empowered for academic and lifelong success by having healthy school environments that support healthy behaviors."

A healthy school environment integrates healthy eating and physical activity across school operations and encompasses quality physical education, nutrition education, physical activity opportunities, nutrition standards for food sold and served in school, community outreach programs, active school wellness councils and more.

Nebraska Action for Healthy Kids is a nonprofit organization addressing the epidemic of overweight, sedentary and undernourished youth by improving nutrition and increasing physical activity in schools.

The group presents gold, silver and bronze Action Awards based on each schools comprehensive wellness application. To date, only three schools have received the Gold level distinction.

The award winners:

### Silver Awards

Ansley: Ansley Public School

Ashland: Ashland-Greenwood Elementary School

Crete: Crete Middle School

Firth: Norris Elementary School

Hartington: Hartington Public Schools

Lincoln: Campbell Elementary School

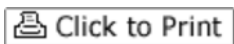
Loup City: Loup City Public Schools  
Macy: Umo "ho" Nation Public School  
North Platte: Jefferson Elementary School  
Omaha: R.M. Marrs Magnet Center  
Omaha: St. Bernard Catholic School  
Omaha: Swanson Elementary School  
Omaha: Western Hills Magnet  
St. Libory: Central City Middle School  
Walthill: Walthill Public School

#### Bronze Awards

Ashland: Ashland-Greenwood Middle School  
Curtis: Medicine Valley Public Schools  
Diller: Diller-Odell Elementary School  
Firth: Norris Middle School  
Harrisburg: Banner County School  
McCook: Central Elementary School  
Lincoln: Goodrich Middle School  
McCook: McCook Elementary  
McCook: McCook Jr. High School  
McCook: McCook Sr. High School  
Omaha: Catlin Magnet Arts Center  
Omaha: McMillan Magnet Center  
Omaha: St. Philip Neri School  
Omaha: Trinity Christian School  
Pleasanton: Pleasanton High School  
Wahoo: Wahoo Public School  
Wilcox: Wilcox-Hildreth School

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