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## Staff, students to take part in rally

### The Morning Sun

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OLATHE — Pittsburg High School will send faculty members Greg Shaw and Kiley Roelfs, as well as five students to represent the school at the Kansas Action for Healthy Kids Teen Wellness PEP Rally on June 8-9 at MidAmerica Nazarene University in Olathe.

Twenty-five Kansas high schools are participating in the event designed to increase student involvement in school-based health and wellness activities. Students attending the PEP Rally will take part in a variety of teen-focused health and fitness activities including a scavenger hunt using hand-held GPS devices, miniature golf and bowling, a healthy snack creation challenge, and writing and producing health-focused YouTube videos.

Kansas native Paul Shirley is the guest speaker for the workshop. Shirley participated in high school and college athletics, and also played for 13 professional basketball teams, including the Chicago Bulls. He is now a professional speaker, author and writer for ESPN.

By participating in the PEP rally, PHS is eligible for grant funds to develop and implement a school wellness plan that promotes health and wellness. For more information, persons may visit [www.KansasActionForHealthyKids.org](http://www.KansasActionForHealthyKids.org).

Kansas Action for Healthy Kids is a state affiliate of the national non-profit organization, Action for Healthy Kids, which addresses the epidemic of overweight, undernourished and sedentary youth by focusing on improving nutrition and physical activity policies and practices in schools. This public-private partnership of 60 organizations and government agencies supports the efforts of its affiliates in every state.

Action for Healthy Kids was founded in 2002 by former U.S. Surgeon General David Satcher, in response to the Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity, which identified the school environment as one of five key sites of change.

Kansas Action for Healthy Kids funding partner organizations include The Sunflower Foundation; Midwest Dairy Council; Kansas Coordinated School Health, a joint program between the Kansas Department of Education and Kansas Department of Health and Environment; and Kellogg Corporate Citizenship Trust. Additional assistance provided by Kansas Association for Health, Physical Education, Recreation, and Dance; Kansas Chapter of the American Academy of Pediatrics; Kansas State Extension; Kansas Learning Center for Health, and Kansas Team Nutrition.

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