



Waverly-Shell Rock students celebrate wellness day

Posted: March 5, 2009 04:50 PM

WAVERLY (KWWL) -- Junior high students at waverly-shell rock participated in new and fun fitness activities as part of wellness day.

The goal of the day: to help make students more aware of the importance of good food choices and physical activity.

Students played racketball at the "W", got to go rock climbing on their indoor wall, ven went swimming.

The day was funded through a grant the student leaders received from Iowa Partners: Action for Healthy Kids, the Midwest Dairy Council and the Iowa Department of Education.



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