



**2010 Nebraska Action for Healthy Kids Summit**  
***Energizing Your School Wellness Policy: Engaging Students and Staff for Lasting Change***  
**April 13<sup>th</sup>, 2010**  
**Holiday Inn, Downtown Lincoln**

- 7:30- 8:15 am:** **Registration/Continental Breakfast/Exhibits**
- 8:15- 8:35 am:** **Welcome Address**  
*Jennifer Skala, Nebraska Action for Healthy Kids Co-Chair*  
*Sally Ganem, First Lady of Nebraska*
- 8:35-9:35 am:** **Keynote**  
**Coordinated School Health: Promoting the Health of Young People,**  
*Melissa Fahrenbruch, B.S., M.Ed., CDC, Division of Adolescent and School Health (DASH)*
- 9:35-10:00 am:** **Physical Activity Break/Exhibits**
- 10:00-11:00 am:** **Breakout Sessions**  
**A)** Taking the School Health Index to the Next Level  
*Melissa Fahrenbruch, B.S., M.Ed., CDC, Division of Adolescent and School Health (DASH)*  
**B)** Improving Nutrition in Schools Through Innovative Strategies  
*Bonnie Sekutera, Loup City Public Schools*  
*Bob Bednar, Pleasanton Public Schools*  
*Matt Dykstra, Ezra Millard Elementary School, Millard Public Schools*  
**C)** Strategies for Engaging Students In Wellness Initiatives  
*Becki Deisley, Crete Middle School*  
*Denise Knotwell, Goodrich at Dawes Middle School*  
*Linda Hoven, Bishop Neumann High School*  
**D)** Student Roundtable Session (Student Track)
- 11:00-11:15 am:** **Break/Exhibits**
- 11:15-12:15 pm:** **Luncheon/Action Awards Presentation**
- 12:15-12:30pm:** **Break/Exhibits**
- 12:30-1:30 pm:** **Breakout Sessions**  
**A)** Building a Foundation for Success-It Starts with a School Wellness Council  
*Julane Hill, Nebraska Department of Education*  
*Shannon Vogler, Alliance for A Healthier Generation*  
**B)** School Employee Wellness: Creating A Plan for Success  
*Linda Kenedy, Welcom*  
**C)** Increasing Physical Activity In Schools Through Innovative Strategies  
*Mark Fenton, Facilitator*  
*Natalie Kingston, Public Health Solutions District Health Department*  
*Amber Tiefenthaler, Fredstrom Elementary School*  
**D)** Student Jeopardy Game (Student Track)
- 1:30-1:45 pm:** **Break/Exhibits**
- 1:45-3:00 pm** **Activity/Closing Keynote Session**  
**Lessons Recalled on a Very Long Walk: Steps to Creating a Healthier School Environment,** Mark Fenton
- 3:00- 3:30 pm** **Action Planning/Conference Evaluations/Door Prizes**

